
Spectrum of participation in behaviour support

Video audio transcription



The
Right
Direction

Working together on positive
behaviour support (PBS)

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Spectrum of participation in behaviour support



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The Spectrum of Participation for behaviour support planning is a useful tool for respecting the person with disability's right to be as involved as they wish to be – and it should be used right at the start of the planning process, and then at different times to make sure that you're still meeting their needs and preferences.

We have 2 versions of the Spectrum.

One for practitioners that has a detailed breakdown of the content.

The second is a more digestible tool that can be used with participants once you understand the Spectrum clearly.

In terms of the purpose, it's all about choices for the participant and how involved they'd like to be in the process. Some people would like to be very involved and other people will be comfortable being less involved or not able to be as involved in the process.

So, as you work through, make sure you continue those conversations with people around them who know them and that they trust to gather information and ensure that the plan stays on track and that you are respecting the participant's wishes throughout.

To check their needs and preferences, offer the Spectrum to the participant.

There are 3 levels, from very involved to not very involved or indirectly involved. Ask the person roughly where they would sit on the scale.

Then use the information that you know from: the information-gathering process, conversations with the participant and people that they care about and trust to work out exactly where they might be on that Spectrum.

Remember to check in with them at any given time to see if it's changed and remember to always keep their support network involved in the discussion.

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How will you use these ideas to improve engagement in your behaviour support practice?

Web address: therightdirectionpbs.com



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