
Communicating about restrictive practices

Video audio transcription



The
Right
Direction

Working together on positive
behaviour support (PBS)

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Communicating about restrictive practices



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Restrictive practices can only ever be used under particular conditions. They must be the least restrictive alternative to keep people safe from serious harm, and all other options have to have been exhausted.

So how do we communicate about restrictive practices?

The person with a disability needs to know in advance what is proposed why and what their options are. Unfortunately, restrictive practices can do more harm than good, and it's possible that the person and the people in their support network have experienced trauma due to a restrictive practice.

So, think carefully about how you manage that when you're engaging with them and how that's going to be managed into the plan.

Our video and Yarning is an excellent example of how you can engage with people in a really authentic way.

Think about where these conversations take place. Who's in the conversation space? And make sure you go slowly and build trust.

Take cues from the person and try different techniques to make sure that they're fully engaged.

Ensure that they have choices and make sure they're included in the decision making.

Remember, restrictive practices must be appropriately authorised, regularly monitored, and are subject to review. And most importantly, they must be discussed with everyone involved.

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How will you use these ideas to improve engagement in your behaviour support practice?

Web address: therightdirectionpbs.com



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