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# My communication rights

Conversation cards for behaviour support practitioners to use with participants



The  
Right  
Direction

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Working together on positive  
behaviour support (PBS)

## Instructions for behaviour support practitioners

These cards can be used together with the [My communication rights poster](#) to facilitate a more focused discussion of each of the participant's key communication rights in the behaviour support planning process.

Some behaviour support practitioners may wish to print these out, laminate them and link them together with a loop so they can be easily flicked through as you progress through your discussion.

You might consider linking each of these rights to real-life examples from the participant's own life or current behaviour support plan to illustrate each right through meaningful context.

If you have photos or images that relate to the participant, you can use the [customisable conversation card template](#) to support your discussion.

We encourage you to leave a copy of the [My communication rights poster](#) with the participant and anyone else involved in the plan to remind them of these rights and support understanding after your conversation.

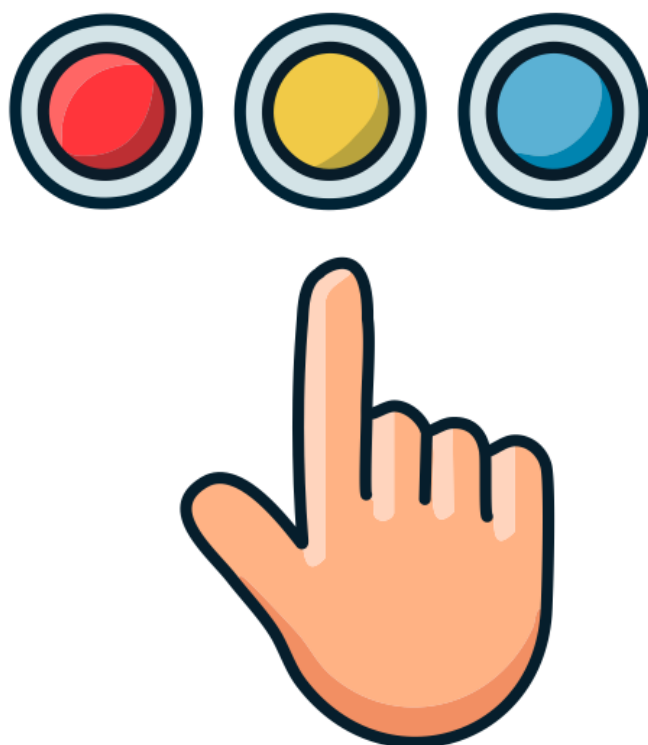
You may also wish to refer to the information and video about [communication rights in behaviour support planning](#) on our website.

I have the right to...



**be listened to**

I have the right to...



**have my choices  
heard, respected  
and considered**

I have the right to...



**express my feelings  
and needs**

I have the right to...



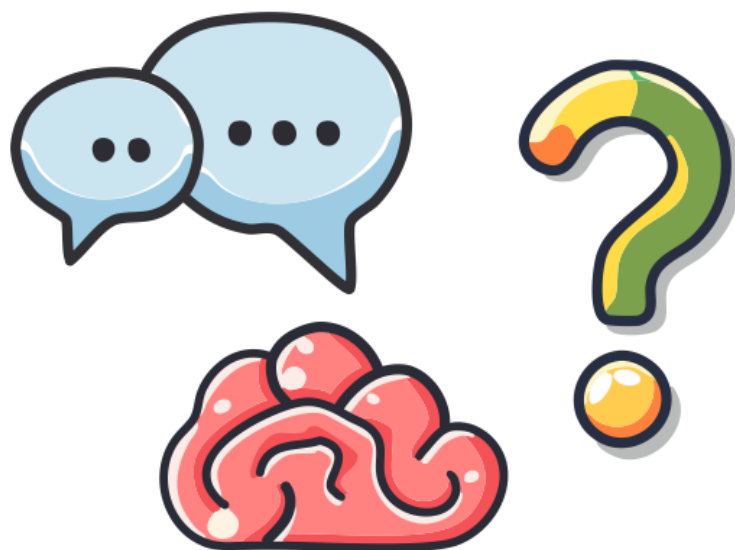
**say 'no'**

I have the right to...



**learn how my  
behaviour support  
plan will improve  
my life**

I have the right to...



**ask questions about  
what is happening  
and why**



I have the right to...



**learn about how  
others will keep  
me safe**

I have the right to...



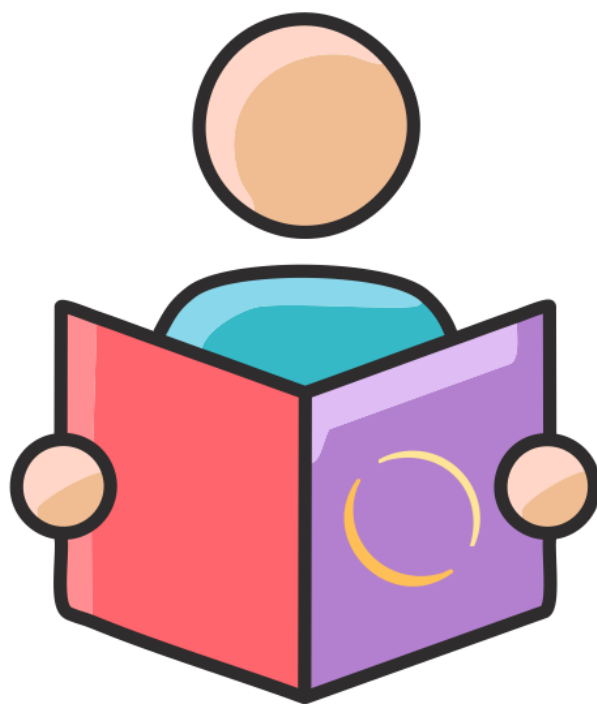
**ask for information  
I can understand**

I have the right to...



**be part of making my  
behaviour support  
plan**

I have the right to...



**have information  
about behaviour  
support planning**

I have the right to...



**information to help  
me take part in  
making my behaviour  
support plan**

I have the right to...



**be spoken to and  
about with respect**



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**[therightdirectionpbs.com](https://therightdirectionpbs.com)**

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Commission**