Communicating about behaviours of concern



Picture cards template (A4)

The right direction logo - Working together on positive behaviour support (PBS).


### How to use these cards – instructions for practitioners

Before using these cards, read our [communicating about behaviours of concern](https://therightdirectionpbs.com/resources/behaviours-of-concern) using discussion mats and watch our video about [using discussion mats](https://therightdirectionpbs.com/resources/behaviours-of-concern#video).

These picture cards are designed to be used with a discussion mat and match our [example discussion mat for communicating about behaviours of concern](https://therightdirectionpbs.com/downloads/behaviours-of-concern/behaviours_of_concern_example_discussion_mat_A3.docx), but they can be used in any way you find helpful in your behaviour support practice.

You may wish to use The Right Direction [customisable discussion mat template](https://therightdirectionpbs.com/downloads/using-discussion-mats/different_communication_techniques_discussion_mat_and_picture_cards_template_A3.docx) so that you can use the blank mat together when discussing behaviours of concern with your participant.

To use these cards, print them on A4 paper and cut them out. You may choose to laminate them or use thick paper so that they last longer.

Before going to see your behaviour support participant, you can also use our customisable picture card templates to create cards you know will be relevant to the participant, using pictures, photos or words.

### Other useful resources include:

Guides:

* [Communicating about behaviours of concern: Using discussion mats](https://therightdirectionpbs.com/resources/behaviours-of-concern),
* [Communicating about restrictive practices: Using discussion mats](https://therightdirectionpbs.com/resources/restrictive-practices), and
* [Different communication techniques: Using discussion mats](https://therightdirectionpbs.com/resources/using-discussion-mats#video) (video)

Picture cards:

* Communicating about behaviours of concern picture cards  
  ([A4 discussion mat size](https://therightdirectionpbs.com/downloads/behaviours-of-concern/behaviours_of_concern_picture_cards_A4.docx), [A4 large size](https://therightdirectionpbs.com/downloads/behaviours-of-concern/behaviours_of_concern_large_picture_cards_A4.docx)),
* Communicating about restrictive practices picture cards  
  ([A4 discussion mat size](https://therightdirectionpbs.com/downloads/restrictive-practices/restrictive_practices_picture_cards_A4.pdf), [A4 large size](https://therightdirectionpbs.com/downloads/restrictive-practices/restrictive_practices_large_picture_cards_A4.pdf)),
* [A4 template](https://therightdirectionpbs.com/downloads/behaviours-of-concern/behaviours_of_concern_picture_cards_A4.docx)(our discussion-mat template size),
* [A4 template](https://therightdirectionpbs.com/downloads/using-discussion-mats/different_communication_techniques_picture_cards_template_A4.docx) (large-size cards), and
* [A3 template](https://therightdirectionpbs.com/downloads/using-discussion-mats/different_communication_techniques_large_picture_cards_template_A4.docx) (discussion-mat template size).

Discussion mats:

* [Example mat for discussing behaviours of concern](https://therightdirectionpbs.com/downloads/behaviours-of-concern/behaviours_of_concern_example_discussion_mat_A3.docx),
* [Example mat for discussing restrictive practices](https://therightdirectionpbs.com/downloads/restrictive-practices/restrictive_practices_example_discussion_mat_A3.docx), and
* [Discussion mat template](https://therightdirectionpbs.com/downloads/using-discussion-mats/different_communication_techniques_discussion_mat_and_picture_cards_template_A3.docx).

These cards support the ideas in the [example discussion mat for discussing behaviours of concern](https://therightdirectionpbs.com/downloads/behaviours-of-concern/behaviours_of_concern_example_discussion_mat_A3.docxhttps:/therightdirectionpbs.com/downloads/behaviours-of-concern/behaviours_of_concern_example_discussion_mat_A3.docx). They can be used together with the [example discussion mat](https://therightdirectionpbs.com/downloads/behaviours-of-concern/behaviours_of_concern_example_discussion_mat_A3.docxhttps:/therightdirectionpbs.com/downloads/behaviours-of-concern/behaviours_of_concern_example_discussion_mat_A3.docx) and card templates for discussing restrictive practices ([A4 discussion mat size](https://therightdirectionpbs.com/downloads/behaviours-of-concern/behaviours_of_concern_picture_cards_template_A4.docx), [A4 large size](https://therightdirectionpbs.com/downloads/behaviours-of-concern/behaviours_of_concern_large_picture_cards_template_A4.docx)).

### I feel upset when

|  |  |  |
| --- | --- | --- |
| Type words here (or delete) |  |  |
|  |  |  |
|  |  |  |

### When I’m upset I might

|  |  |  |
| --- | --- | --- |
| Type words here (or delete) |  |  |
|  |  |  |
|  |  |  |

### To feel better

|  |  |  |
| --- | --- | --- |
| Type words here (or delete) |  |  |
|  |  |  |
|  |  |  |

### Until

|  |  |  |
| --- | --- | --- |
| Type words here (or delete) |  |  |
|  |  |  |
|  |  |  |



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